

Art Wimberly and his wife Carie live in Birmingham Alabama. They enjoy spending time with their 5 grown children, 8 grandchildren as well as 'Gracie the Cat' and 'Phoebe the Goldendoodle'.

Art has been working in the recovery field for over 17 years. The journey is deeply personal, beginning with he and his wife's entry into recovery to cope with the addiction of their son, and then eventually to face his own hidden addiction. As a person in long-term recovery, Art has experienced firsthand deep and lasting change from the sickness of addiction to a life of freedom and growth.

After a 30 year career in the mortgage banking industry and as a small business owner, he birthed the faith-based nonprofit organization T.H.R.I.V.E., which stands for Training & Help for Recovery In Various Environments. Through T.H.R.I.V.E. Art provides quality, affordable recovery coaching and counseling for individuals and families, and also collaborates with and offers training for groups and organizations seeking to plant or nourish recovery, prevention and wellness processes in their communities.

Find out how Art can help in your local prevention, recovery and wellness efforts by contacting him at www.thrivebham.com

Thrive: Recovery Resources for a Beautifully Powerful Life